

DR. A. 'S SUMMER WEEKEND RETREAT
REST, RECUPERATE, REJUVENATE



UPCOMING DATES

J U L Y

JULY 30TH - AUGUST 2ND

A U G U S T

27TH - 30TH

S E P T E M B E R

10TH -13TH

Schedule

Arrival and departure times are the same for July, August, and September.

Arriving Thursday 3:00 - 5:00 pm  Closing Sunday 12:00 Noon

Arrival Thursday, 3:00 - 5:00 pm

Settle in

Light Dinner **5:00-6:00**

6:00 pm Welcome Session, Opening of the Circle
and the Altars

Friday

7:00-8:00 Morning Swim, Walk, or Jacuzzi (optional)
Coffee or tea in the garden, anyone?

8 - 9 am Breakfast



9:00 - 12:00 Mythic Session #1

12:00 - 1:00 pm Lunch

1:00 - 2:30 Creative Project

2:30 - 3:30 Free Time

Relax in the garden, swim, sunbathe?



3:30 - 5:30 Mythic Session #2

5:30 - 6:30 free time

7:00 Dinner reservations at a local, casual restaurant,
Everyone pays for their own.

Before Bed, close of day Fire Ritual
Optional Jacuzzi





Saturday

7:00-8:00 Morning Swim, Walk, or Jacuzzi (optional)
Coffee or tea in the garden, anyone?

8 - 9 am Breakfast (Included)



9:00 - 11:30 pm Mythic Session #3

11:30 - 1:00 pm Creative Project

1:00 - 2:00 Lunch

2:00 - 3:00 Free Time
Relax in the garden, swim, sunbathe

3:00 - 5:30 Session Mythic Session #4

5:30 - 6:30 Free Time

7:00 Dinner reservations at a local, casual restaurant
Everyone pays for their own.

Before Bed, close of day Fire Ritual
Optional Jacuzzi

Sunday

7:00-8:00 Morning Swim, Walk, or Jacuzzi (optional)
Coffee or tea in the garden, anyone?

8:00 -9:00 am Breakfast (Included)

9:00 - 11:00 Noon Mythic Session #5
Closing of the Circle & Dismantling of Altars

11:00 - 12:00 Goodbyes and the weekend's conclusion.





Retreat Pricing, including three nights' on-site accommodations, Six Meals & Retreat

There are three rooms available in Dr. A.'s home.

Forest Room - The Goddess & the Oak King Theme

Upstairs: queen bed; shared newly remodeled bath with a large walk-in rain shower and a double vanity; no bathtub. Closet and bureau space, carpet, air conditioning, and ceiling fan.

\$997.00

Ocean Room - Aphrodite and the Beauty of the Sea Theme

Upstairs, queen bed. Shared newly remodeled bath with a large walk-in rain shower, a double vanity, and no bathtub. Desk, closet, bureau space, carpet, air conditioning, and ceiling fan.

\$997

Birch Glade Room - Artemis and The Fairies of the Glade Theme

Downstairs: a queen bed, a small private shower, and a shared powder room during the day. Desk, closet, bureau space, carpet, and air conditioning.

\$997.00

Amenities

Pool, jacuzzi, garden, outdoor and indoor fireplaces, access to Dr. A.'s office for quiet meditation during free time, and great local neighborhood walks. WIFI.

Off-site Accommodations

The maximum number of participants is 6. There are only 3 bedrooms on site.

There are numerous hotels and Airbnbs in the area.

Search for a room close to the neighborhood called "Saugus." in Santa Clarita.

Airbnb offers a broad range of pricing.

The closest airport is Burbank, CA

Retreat Only, including 6 meals

\$500.00



Menu

Thursday

Light Dinner (Included) Nosh of fingerfoods, fruits, veggies, and sweets, beverages.

Breakfasts (Included)

Egg Bites, breakfast breads, yoghurt, granola, fruit, coffee & tea, beverages.

Lunches (Included)

Garden Salad, sandwiches, chips, fruit, beverages, sweets.

On Friday and Saturday,

We will go to two different locally owned, casual restaurants.

Everyone pays for their own food and drinks



[https://www.oliveterracebarandgrill.com/m
enu.php](https://www.oliveterracebarandgrill.com/menu.php)

FOREST ROOM



SHARED BATHROOM



OCEAN ROOM



SHARED BATHROOM



BIRCH GLADE ROOM



BATHROOM WITH A PRIVATE SHOWER & A SHARED POWDER ROOM DURING THE DAY



TO RESERVE YOUR PLACE

Questions?

info@drandreaslominski.com

Email or text me at 661-645-8112 to set up a time to get you registered and handle payment details.

You cannot register and pay through the website, because these Retreats are not offered to the general public.

Participation is limited to Regents' Refuge Members, Coaching Clients, Students & Email Subscribers.

Payment is due in full when you make your reservation.

Payment is accepted through PayPal (Pay in 4 applicable)
Zelle, Venmo, by invoice, or CC.

Your place is not guaranteed until your payment is complete.

No refunds are offered once your payment is made, unless the retreat is postponed or canceled.

It is highly suggested that you purchase travel insurance.

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